

MONDAY 2 DECEMBER 2024

LUNCH

Baked Chicken (Green, High)
Southwestern Shrimp Linguine (Yellow, High)

DINNER

Honey Ginger Chicken (Green, Low)
Salisbury Steak (Yellow, Moderate)

TUESDAY 3 DECEMBER 2024

LUNCH

Creole Fish Fillets (Green, Moderate)
Stir Fry Chicken w/Broccoli (Green, High)

DINNER

Chicken Ala King (Green, Moderate)
Pasta Primavera (Yellow, Moderate)

WEDNESDAY 4 DECEMBER 2024

LUNCH

Southwestern Sweet Potatoes Black Beans and Corn (Green, Moderate)
Almond Crusted Cod (Yellow, Moderate)

DINNER

Spaghetti w/Turkey Meat Sauce (Green, Moderate)
Baked Fish w/Lemon Garlic Butter (Green, Moderate)

THURSDAY 5 DECEMBER 2024

LUNCH

Chili Mac (Green, Moderate)
Teriyaki Chicken (Yellow, High)

DINNER

Pork Roast Tenderloin (Green, Low)
Baja Baked Cod (Green, High)

FRIDAY 6 DECEMBER 2024

LUNCH

Ginger BBQ Chicken (Green, Low)
Lemon Basil Pasta (Yellow Moderate)

DINNER

Marinated Tomatoes With Penne And Basil (Green, High)
Southern Fried Catfish (Red, Moderate)

MONDAY 9 DECEMBER 2024

LUNCH

Santa Fe Glazed Chicken (Green, Low)
Beef Ball Stroganoff (Yellow, Moderate)

DINNER

Stuffed Green Peppers w/Turkey and Lentils (Green, High)
Pasta Primavera (Yellow, Moderate)

TUESDAY 10 DECEMBER 2024

LUNCH

Cheese Tortellini with Marina (Green, High)
Bourbon Chicken (Yellow, Low)

DINNER

Beef Pot Pie (Yellow, High)
Herbed Baked Chicken (Green, Low)

WEDNESDAY 11 DECEMBER 2024

LUNCH

Jerk Roast Turkey (Green, Low)
Stuffed Green Peppers (Beef) (Yellow, High)

DINNER

Southwestern Sweet Potatoes Black Beans and Corn (Green, Moderate)
Beef Stew (Yellow, Moderate)

THURSDAY 12 DECEMBER 2024

LUNCH

Meat Loaf (Yellow, Moderate)
Baked Chicken (Green, High)

DINNER

BBQ Beef Cubes (Red, High)
Southwestern Fish (Green)

FRIDAY 13 DECEMBER 2024

LUNCH

Mambo Pork Roast (Yellow, Low)
Grilled Chicken w/ Mustard Sauce (Green, Moderate)

DINNER

Grilled Steak (Green, Low)
Roast Turkey (Yellow, Moderate)

MONDAY 16 DECEMBER 2024

LUNCH

Hot and Spicy Chicken (Green, Moderate)
Ziti with Meat Sauce (Yellow, Low)

DINNER

Beef Stir Fry (Green, High)
Chicken Bulgogi (Green, High)

TUESDAY 17 DECEMBER 2024

LUNCH

Turkey Lentil Chili (Green, Moderate)
Shrimp Jambalaya (Yellow, High)

DINNER

Chili Mac (Green, Moderate)
Lemon Pepper Catfish (Yellow, Low)

WEDNESDAY 18 DECEMBER 2024

LUNCH

Roast Beef (Green, High)
Chicken Cordon Bleu (Red, High)

DINNER

Beef and Corn Pie (Green, Moderate)
Bourbon Chicken (Yellow, Low)

THURSDAY 19 DECEMBER 2024

LUNCH

Chicken Kabob (Yellow, Low)
Pepper Steak (Green, Moderate)

DINNER

Sweet and Spicy Orange Salmon (Yellow, Moderate)
Cheese Tortellini with Marina (Green, High)

FRIDAY 20 DECEMBER 2024

LUNCH

Beef Brogul (Yellow, Low)
Fish Onion-Lemon Baked (Green, Low)

DINNER

Hamburger Yakisoba (Yellow, Low)
Cranberry Glazed Chicken (Green, Moderate)

MONDAY 23 DECEMBER 2024

LUNCH

Grilled Honey Sriracha Chicken (Green, Low)
Chili Mac (Green, Moderate)

DINNER

Jamaican Chicken (Green, Low)
Braised Spareribs (Yellow, Moderate)

TUESDAY 24 DECEMBER 2024

FAMILY DAY

MIDNIGHT MEAL ONLY

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WEDNESDAY 25 DECEMBER 2024

MERRY CHRISTMAS

CLOSED

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THURSDAY 26 DECEMBER 2024

LUNCH

Turkey Breast Fillet (Yellow, Low)
Pasta Provençal (Green, High)

DINNER

Baked Mexican Chicken (Yellow, High)
Beef Stir Fry (Green, High)

FRIDAY 27 DECEMBER 2024

LUNCH

Spicy Catfish Poboy (Red, Moderate)
Grilled Pork Chops (Yellow, Low)

DINNER

Fish Onion-Lemon Baked (Green, Low)
Simmered Beef (Yellow, Low)

MONDAY 30 DECEMBER 2024

LUNCH

Creole Fish Fillets (Green, Moderate)
Stir Fry Chicken w/Broccoli (Green, High)

DINNER

Chicken Ala King (Green, Moderate)
Pasta Primavera (Yellow, Moderate)

TUESDAY 31 DECEMBER 2024

FAMILY DAY

MIDNIGHT MEAL ONLY

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